

250 Years of America

DESIGN A PATRIOTIC MENU

Come up with a patriotic menu for your lunch. Is it a theme, or just a funny list? Write your answers below.

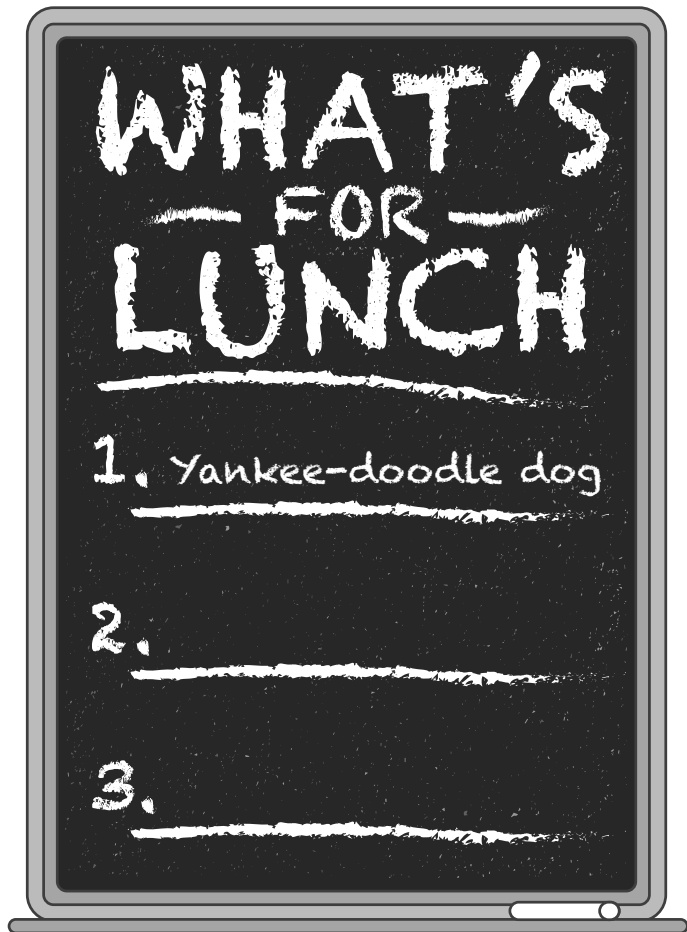
1. _____
2. _____
3. _____

AMERICA 250 MILK QUIZ

1. Dairy cows first arrived in the American colonies in what year?
a. 1492 b. 1611 c. 1776 d. 1820
2. The U.S. produces roughly how many pounds of milk per year?
a. 10 million
b. 500 million
c. 100 billion
d. 227 billion+
3. There are dairy farms in all 50 U.S. states.
a. True b. False
4. Which nutrient in milk has been essential to building strong American generations for 250 years?
a. Protein & Calcium
b. Iron & Fiber
c. Vitamin C & Zinc
d. Caffeine & Potassium

WOULD YOU RATHER AMERICAN EDITION

- ☐ Eat a dozen hot dogs
OR
☐ Sit through a 6-hour fireworks show
- ☐ Eat only red, white, and blue food for a week
OR
☐ No cookouts all summer
- ☐ Drink only chocolate milk for a week
OR
☐ No cold drinks for a week



Return your sheet to the Food Service Director for the answers!

PrairieFarms.com/SchoolMilk 9-12